

A Little Hip

Competition Step Sheet

DIVISION: Novice

Description: 32 Counts, 2 Walls, Latin (Cha Cha), Non-Country
Choreographer: Gary McIntyre
Music: California Dreaming by The Strictly Come Dancing Band
Count-in: Begin on word 'brown' approx 7 secs from start of track



1-9 CUBAN BREAKS INTO LOCK STEP

1,2& Step RF to R side, Break LF across RF, Recover weight to RF (facing 1.30)
3&4& Break LF back, Recover weight to RF, Break LF across RF, Recover weight to RF
5,6,7 Break left foot back, Break right foot back, Recover weight to left foot
8&1 Square up to 12.00 as you Step RF forward, Lock LF behind RF, Step RF forward

10-16 DOUBLE PRESS HIP TO BACK LOCK SIDE, ¼TURN, TRIPLE FORWARD

2& Step LF fwd pushing L hip fwd, Recover to RF (LF fwd)
3& Push L hip forward, Recover to right foot
4&5 Step LF back, Lock RF in front of LF, Step LF back
6,7 Step RF back, Step LF to L side as you make a ¼ turn left
8& Step RF forward, Lock LF behind RF

17-25 RONDE INTO CHAINE TURN RIGHT, ¼TURN, SIDE TRIPLE

1,2 Step RF forward and make ½ turn right as you sweep LF from back to front
3 Step left foot forward
4&5 Making a full turn over R shoulder, Step R,L,R
6,7 Making ¼ Turn to Right, Step LF to L side, Step RF next to LF
8&1 Step LF to L side, Step RF next to LF, Step LF to L side

26-32 HIP SWITCHES IN PLACE

2,3 Step RF next to LF, Step LF in place
4&5 Step RF in place, Step LF in place, Step RF to R side
6&7 Step LF next to RF, Step RF in place, Step LF to L side
8& Step RF next to LF, Step LF in place