C(0) DGロ

Count: 64 Wall: 4 Level: High Intermediate - Cuban
Choreographer: Niels Poulsen (Denmark) May 2009
Music: 'Suavemente' (Radio edit - 3.50 mins ) by Paul Cless, 124 bpm

## Intro: On very first clear beat in music, 17 seconds into track - good luck hitting that beat! ;-)

(1-8)R diagonal, cross point, back $L$, behind turn step, rock $L$ fw, back together side $L$
1 - $3 \quad$ Step $R$ to $R$ diagonal (1), cross point $L$ fw (2), step $L$ a big step back (3) $1: 30$
4\&5 Step back on R (4), turn 3/8 L stepping Lfw (\&), step fw on R (5) 9:00
6-7 Rock fw on $L$ (6), recover weight back to $R(7)$ 9:00
8\&1 Step back on $L$ (8), bring R next to $L(\&)$, step $L$ to $L$ side (1) 9:00
(9-16) Close, ball change, side R, close, ball change, fw $L$, fw $R, 1 / 2$ turn, step lock stomp 2\&3

Bring $R$ next to $L$ (2), change weight to $L$ (\&), step $R$ to $R$ side (3) 9:00
4\&5 Bring L next to R (4), change weight to R (\&), step fw on L(5) 9:00
6-7 Step fw $R(6)$, turn $1 / 2 L$ stepping $L$ next to $R$ and popping $R$ knee fw (7) 3:00
8\&1 Step fw on R (8), lock/stomp L behind R (\&), stomp R foot fw (1) 3:00
(17-24) Hold, full spiral turn L, L step lock step, rock fw R, R back lock 3/8 R
Hold (2), make a full turn $L$ on $R$ foot ending with $L$ leg crossed in front of $R$ leg (3) 3:00
4\&5 Step fw on $L$ (4), lock R behind $L$ (\&), step fw on $L$ (5) 3:00
6-7 Rock fw on $R(6)$, recover weight back on $L$ (7) 3:00
8\&1 Step back on $R(8)$, lock $L$ in front of $R(\&)$, step back on $R$ turning body $3 / 8 R(1) 7: 30$
(25-32) Progressive cha cha box (weave $1 / 4$, behind turn step $X$ 2)
2\&3 Step $L$ fw (2), turn $1 / 4 L$ stepping $R$ to $R$ side (\&), step $L$ back (3) 4:30
4\&5 Step back on $R(4)$, turn $1 / 4 L$ stepping $L$ to $L$ side (\&), step fw $R(5) 1: 30$
6\&7 Step L fw (6), turn $1 / 4 L$ stepping $R$ to $R$ side (\&), step $L$ back (7) 10:30
Step back on $R(8)$, turn $1 / 4 L$ stepping $L$ to $L$ side (\&) * Restarts here during wall 2 and 67:30
(33-40)Step fw $R$, point $L$, cross, point $R$, flick $1 / 4 L$, fw $R$, unwind $1 / 2 L$, $L$ sailor step
1-3 Step $R$ fw (1), point $L$ to $L$ side squaring op to 9:00 (2), cross $L$ over $R(3)$ 9:00
4-5 Point $R$ to $R$ side (4), flick $R$ foot up turning $1 / 4 L$ on $L$ (5) 6:00
6-7 Step fw on $R(6)$, unwind $1 / 2 L$ on $R$ foot sweeping $L$ out to $L$ side (7) 12:00 Cross $L$ behind $R(8)$, step $R$ next to $L$ foot (\&), step $L$ diagonally fw towards 10:30 (1) 10:30
(41-48) Cross rock side $X$ 2, kick $R$ fw, out out, in in, out out
2\&3 Cross $R$ over $L$ (2), turn $1 / 4 R$ rocking $L$ to $L$ side (\&), recover weight to $R(3) 1: 30$
Cross $L$ over $R$ (4), turn 1/8 L rocking $R$ to $R$ side (\&), recover weight to $L$ (5) 12:00
6\&7 Kick $R$ fw (6), step $R$ to $R$ side (\&), step $L$ to $L$ side (7) 12:00
\&8\&1 Bring $R$ to centre (\&), bring $L$ to centre (8), step $R$ to $R(\&)$, place $L$ to $L$ side (1) -
(49-56) Hip roll L R L R, back rock side, back rock $1 / 4$ R
2-3 Roll hips to $L$ side (2), roll hips to $R$ side (3) 12:00
4-5 Roll hips to $L$ side (4), roll hips to $R$ side (5) - weight R 12:00
6\&7 Rock back on $L$ (6), recover weight to $R(\&)$, step $L$ to $L$ side (7) 12:00
8\&1 Rock back on R (8), recover weight to L (\&), turn $1 / 4 \mathrm{R}$ stepping fw on R 3:00
(57-64) Step fw $L, 1 / 2 R$, $L$ step lock step, rock fw $R$, R coaster step
2-3 Step fw on $L$ (2), turn $1 / 2 R$ stepping onto $R(3)$ 9:00
4\&5 Step fw on $L$ (4), lock $R$ behind $L$ (\&), step fw on $L$ (5) 9:00
6-7 Rock fw on $R$ (6), recover weight to $L$ (7) 9:00
8\& Step back on R (8), bring L next to R (\&) 9:00

## Start again - have fun!

2 restarts:
1st restart on wall 2 after 32 counts (3:00).
2nd restart on wall 6 after 32 counts (12:00)

