

Break Free Cha

Choreographed by Scott Blevins (April 2006)

64 Count 4 Wall Advanced Cha Cha line dance with 6 restarts
Choreographed to "I Want To Break Free" (single version) by Queen
Album: "Greatest Hits"
40 count intro to start with the lyrics



1-9 STEP, SPIRAL, SIDE, COASTER, FWD, FWD, LOCK STEP BACK

- 1-2-3 1) Step forward on L; 2) Make a $\frac{3}{4}$ spiral turn to right; 3) Step R to right side
4&5 4) Take a small step back on L; &) Step R next to L 5) Step L forward on a diagonal toward 7:30
6-7 6) Step forward on R; 7) Step forward on L squaring up to 9:00
8&1 8) Step back on R; &) Lock L in front of R; 1) Step back on R (facing 9 O'clock)

10-17 $\frac{1}{4}$ SWAY, SWAY, CROSS, ANGLE, LIFT, BACK, $\frac{1}{2}$, FULL TURN TRIPLE

- 2-3 2) Turn $\frac{1}{4}$ left stepping L to left side and swaying hips to left 3) Recover weight to R swaying hips to right
4&5 4) Step L across and in front of R; &) Step R forward and on a diagonal toward 7:30;
5) Lift L knee up keeping L foot next to R calf and push hips back slightly
6-7 6) Step back on L; 7) Turn $\frac{1}{2}$ right stepping forward on R (facing 1:30)
8&1 8) Turn $\frac{1}{2}$ right stepping back L &) Turn $\frac{1}{2}$ right stepping forward on R 1) Step forward L (facing 1:30)

18-23 CROSS, $\frac{1}{4}$, SIDE, TOGETHER, SIDE, TOGETHER, SIDE, SQUARE UP

- 2-3 2) Step R across and in front of L; 3) Turn $\frac{1}{4}$ right stepping back on L to face 4:30
4&5&6 (Traveling toward 7:30 and on the balls of feet) 4) Step R to right; &) Step L next to R; 5) Step R to right;
&) Step L next to R; 6) Step R to right
7 7) Turn $\frac{1}{8}$ right stepping forward on L squaring up to 6:00 (facing 6 O'clock)

24-34 CROSS BACK ANGLE 3X, CROSS, SPIRAL, ARCING STEP TOGETHER 2X, STEP

- 8&1 8) Step R across and in front of L; &) Step back on L; 1) Step back and on a diagonal right on R
2&3 2) Step L across and in front of R; &) Step back on R; 1) Step back and on a diagonal left on L
4&5 4) Step R across and in front of L; &) Step back on L; 5) Step back and on a diagonal right on R (6 O'clock)
6-7 6) Step L across and in front of R; 7) On the ball of L, make a full spiral turn right (for style: When you have completed $\frac{3}{4}$ of the turn, extend R leg to ronde through the rest of the turn and into the next step)
8&1&2 (Move forward and to the right, arcing in a Clockwise direction to face 1:30, totaling $\frac{5}{8}$ turn to the right)
8) Step forward on R to 8:30; &) Step L up to R; 1) Step forward on R to 11:00; &) Step L up to R;
2) Step forward on R to 1:30

35-41 STEP, SHUFFLE, STEP, $\frac{1}{2}$ BACK, SHUFFLE LRL

- 3-4&5 3) Step forward on L (facing 1:30 O'clock); 4&5) Triple forward R-L-R
6-a-7 6) Step forward on L; a) Turn $\frac{1}{2}$ right on L; 7) Step back on R and lift L heel (facing 7:30 O'clock)
8&1 8&1) Triple forward L-R-L toward 7:30

42-49 **STEP, a SPIRAL, SIDE TOGETHER ROCK, RECOVER, STEP, SHUFFLE LRL**

- 2-a-3 2) Step forward on R; a) Step forward on L; 3) Make 5/8 spiral turn to right on L squaring up to 3:00 (facing 3 O'clock)
- 4&5 (44&45) 4) Step R to right side; &) Step L next to R; 5) Rock R to right side
- 6-7 6) Recover to L and touch R toe next to L; 7) Step forward on R
- 8&1 (48&49) 8&1) Triple forward L-R-L

50-57 **STEP, PIVOT, SHUFFLE RLR, SWAY, SWAY, CROSS BALL STEP**

- 2-3 2) Step forward on R; 3) Pivot 1/2 left taking weight on L (facing 9 O'clock)
- 4&5 (52&53) 4&5) Triple forward R-L-R
- 6-7 6) Step L to left swaying hips to left; 7) Recover weight to R, swaying hips to right
- 8&1 8) Step ball of L across and in front of R; &) Step a small step back on ball of R; 1) Step forward on L

58-64 **STEP, PIVOT, SHUFFLE RLR, ½, ½, STEP, TOGETHER**

- 2-3 2) Step forward on R; 3) Pivot 1/2 left taking weight on L (facing 3 O'clock)
- 4&5 (60&61) 4&5) Triple forward R-L-R
- 6-7 6) Turn ½ right stepping back on L; 7) Turn ½ right stepping forward on R (facing 3 O'clock)
- 8& 8) Step forward on L; &) Step R next to L

NOTES:

Trust Me! It reads harder than it is. You will be hitting the breaks (stopping when the music stops) and restarting at the beginning of the dance when the music comes back in. Below is a breakdown of what count the break hits and what wall you will be facing. Each restart comes after a break except the second restart. On the second rotation you will dance straight through the first 49 counts (facing original 12 O'clock wall). Count 49 is the last step of a Left Shuffle and will also be count 1 of the restart. Continue into the spiral. Good Luck!!

- Restart 1 Dance through count 53 (facing 9 O'clock) – Restart on count 1.
- Restart 2 Dance through count 48 and continue the shuffle into the beginning (facing 12 O'clock).
- Restart 3 Dance through count 49 (facing 3 O'clock) – Change weight to R foot and restart on count 1.
- Restart 4 Dance through count 45 (facing 6 O'clock) – Step onto R instead of rock and restart on count 1.
- Restart 5 Dance through count 61 (facing 9 O'clock) – Restart on count 1.
- Restart 6 Dance through count 61 (facing 12 O'clock) – Restart on count 1.